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Dermatology
Mohs Micrographic Surgery
Laser Surgery
Cosmetic Surgery

HOME CARE INSTRUCTIONS FOR XENOGRAFT

You have a Xenograft which is a synthetic graft that will serve as a biologic dressing. This graft does not become a part of you but serves to enhance the healing process and to decrease any wound pain. It performs these functions by secreting growth factors. But in order for the graft to work optimally, several instructions should be followed.

1. After surgery, go home and take it easy (no exertion, lifting, bending or straining)
2. No smoking for 7 days following surgery. Smoking may cause graft failure and delayed wound healing.
3. Do not get the dressing wet for one week until we remove the dressing; you may wash carefully around the dressing.
4. Do not remove the bulky pressure dressing. This dressing needs to remain secure and intact to ensure the "taking" of the xenograft.
5. If the dressing comes loose you will need to reinforce the bulky dressing with tape. If the pressure dressing comes off and the graft becomes exposed, you will need to come into the office to have the dressing re-applied.
6. While sitting for long periods and sleeping, keep your head and/ or limb elevated.
7. Do not sleep on the same side of the body as the wound
8. Do not bend over with your head lower than the level of your heart. Bend your knees and not your back to stoop down. Do not lift anything heavy or do anything that will cause any straining.

Specializing in Cosmetic & Medical Dermatology

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