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Dermatology
Mohs Micrographic Surgery
Laser Surgery
Cosmetic Surgery

Liquid Nitrogen Therapy

Another name for liquid nitrogen therapy is cryotherapy. Liquid nitrogen therapy produces a freezing injury.

You can anticipate a burning pain for about 10 to 30 minutes, then perhaps some minimal soreness. Swelling and redness may occur within 24 hours. Drying and crusting may persist for approximately one week and pinkness may remain for up to one month.

- Keep the area clean with your normal daily cleansing.
- Discomfort and pain are usually relieved with Tylenol or Extra Strength Tylenol.
- Apply cool tap water compresses if you experience swelling and soreness. If you develop a large painful blister, it can be drained with a sterile needle.
- Apply a non-prescription antibacterial or healing ointment such as Polysporin, Bacitracin, Aquaphor, or Vaseline at least a couple of times a day in order to prevent scabbing and scaling.

**PLEASE, CALL THE OFFICE IF YOU HAVE ANY
PROBLEMS AFTER THERAPY
(858-278-8835)**

Specializing in Cosmetic & Medical Dermatology

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